

# Dr. Rajesh Rokaya



Bheemdatt Nagarpalika, Kanchanpur, Mahakali, 11011 (NP)



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## Professional Summary

Adept medical doctor with four years of practice experience. Dedicated to exemplary patient outcomes and following all necessary medical procedures with the use of the latest industry equipment and technology. Strong focus on listening to and addressing patient concerns and answering all questions in terms patients can easily understand. Willingness to work with all members of the medical team and listen to their suggestions and input to improve results and maximize patient satisfaction. Specialized as a general internist during residency, providing me with knowledge of a range of health issues that impact internal organs.

Scholarship on MBBS ON 2012 AUG - Nepal Medical Council number **25919**.

## Employment History

**Medical Officer, Mantra Hospital and Research Center. Mahendranagar, Sudur Paschim Pradesh, Nepal**

Feb 2023 – Till Now

**Medical Officer, Tikapur Hospital. Tikapur, Sudur Paschim Pradesh, Nepal**

Dec. 2023 – Feb 2023

**Medical Officer, Mantra Hospital and Research Center. Mahendranagar, Sudur Paschim Pradesh, Nepal**

2021 – 2023

**Medical Officer, Mahakali Province Hospital. Mahendranagar, Sudur Paschim Pradesh, Nepal**

Nov. 2019 - Nov. 2021

## **Job Descriptions**

- Examine patient to obtain information on medical condition and surgical risk.
- Analyze patient's medical history, medication allergies, physical condition, and examination results to verify operation's necessity and to determine best procedure.
- Direct and coordinate activities of nurses, assistants, specialists, residents, and other medical staff.
- Examine instruments, equipment, and operating room to ensure sterility.
- Follow established surgical techniques during the operation.
- Refer patient to medical specialist or other practitioners when necessary.
- Prescribe preoperative and postoperative treatments and procedures, such as sedatives, diets, antibiotics, and preparation and treatment of the patient's operative area.
- Manage surgery services, including planning, scheduling and coordination, determination of procedures, and procurement of supplies and equipment.
- Diagnose bodily disorders and orthopedic conditions and provide treatments, such as medicines and surgeries, in clinics, hospital wards, and operating rooms.

## **Training**

1. Oxygen therapy and critical care training - 28/05/2021-03/06/2021
2. e-learning module on infection prevention control and critical care management- 13<sup>th</sup> / 14<sup>th</sup> Aug 2020
3. Tuberculosis focusing on treatment of multiple drug resistance TB - 2021/02 - 2021/03
4. Facility Based Integrated Management of Neonatal and Childhood Illnesses - Feb 2024

## **Voluntary Work**

1. Ministry of Social Development, Health Directorate, Health Office, kanchanpur 2021/01-2021/10 as **Medical officer**.  
-health camps for screening of HTN , diabetes, cervical cancer and general health check up.
2. Lions Club International (Club ID : 150978) as **Executive Director** Jan 2023- Present.  
- community outreach services along with teaching good touch bad touch to Children's.
3. Nepal Health Corps as a **Member** - Aug 2019- Present.  
-Project Butterfly - Girls are given awareness about mensuration and taught to make reusable pads and maternal and women health camps.
4. Associated with National Anti Doping Association and Florida Taekwondo Dojang and Nava Pratibha Taekwondo Dojang March 2024- Present.  
- To educate students about antidoping basic , banned substance and therapeutic use exemption along with sharing work life balance.
5. WBC Muay Thai Nepal. as a medical officer under Dr Bikash Bhandari -Aug 2024  
-First aid , Safety of participants.

## **Research**

1. M. Clarithromycine induced acute liver injury with positive helicobacter pylori ( case report) Annual of medicine and surgery - Sep 2023 . 85(9):4629-4632

Cited in Pubmed

PMID : 10.1097/MS9.000000000

<https://dx.doi.org/10.1097/MS9.00000000000001135>

## **Skills**

Provide emergency medical services

- Communicate effectively with patients and other health care professionals.
- Maintain patient confidentiality.
- Develop treatment plans and goals
- Adhere to ethical, legal and regulatory requirements


## **DECLARATION :**

I consider myself familiar with the above stated aspects. I am also confident of my ability to work in a team. I am hardworking and in my opinion nothing is impossible but certain amount of zeal and courage is required to achieve particular thing. My strength is feeling of scope of improvement. Therefore I always set high standards for myself and then try to achieve it with my full potential.

**I hereby declare that the information furnished above is true to the best of my knowledge.**

Date :

Place :



Dr. Rajesh Rokaya